

## Mobile Scaffold Course 5-year PASMA Certification

£145 per person for Standard Course including PASMA registration

Courses for less than 4 can be arranged with prior notice

Midlands Expressway Depot Cedar House Kingsbury Road Marston near Sutton Coldfield West Midlands B76 ODS tel: 0871 871 92 92

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Courses start promptly at 8.00am, candidates should aim to arrive 15 minutes before this.

Our objective is that following the course the candidate;

- will have a working knowledge of relevant legislation and regulations.
- will be aware of accident control and prevention.
- will be aware of the need for personal protective equipment.
- will know how to erect, alter, move, and dismantle the mobile tower structure

The candidate will also be able to carry out a thorough pre-use inspection of the tower equipment.

**Morning session**: - Registration and introduction

Health and Safety Law Health & Safety at Work Act Working at Height Regulations

Different tower types and their construction Tower assembly, dismantling and alteration

Care & maintenance of components

Stability

Accident causes and their prevention

Tower inspection

Theory test, [ multiple choice questions ]

Afternoon session: - Operatives pre-use inspection of the equipment

Tower assembly using the 3T or Advanced Guardrail System

Practical demonstration and coaching session

How to reposition the tower safely Completed tower inspection Practical assessment Course evaluation

Dispersal

All candidates must be at least 16 years old and be in possession of the following;

- 1. Safety Glasses / Goggles
- 2. Hardhat with chin strap
- 3. Safety footwear
- 4. High Visibility Vest or Coat
- 5. Suitable foul weather clothing as some of the training may take place outdoors

**Note 1:** The course will be conducted in English and the consulting of safety notices are integral to the course. If any delegate is likely to have difficulties understanding the course please let us know in advance. Similarly, please let us know if any delegates have any reading or writing difficulties.

**Note 2:** Since the use of towers can be physically demanding, users should be physically fit and in good health and should, **generally**, not have problems with eyesight or hearing, heart disease, high blood pressure, epilepsy, fear of heights/vertigo, giddiness/difficulty with balance, impaired limb function, alcohol or drug dependence or psychiatric illness